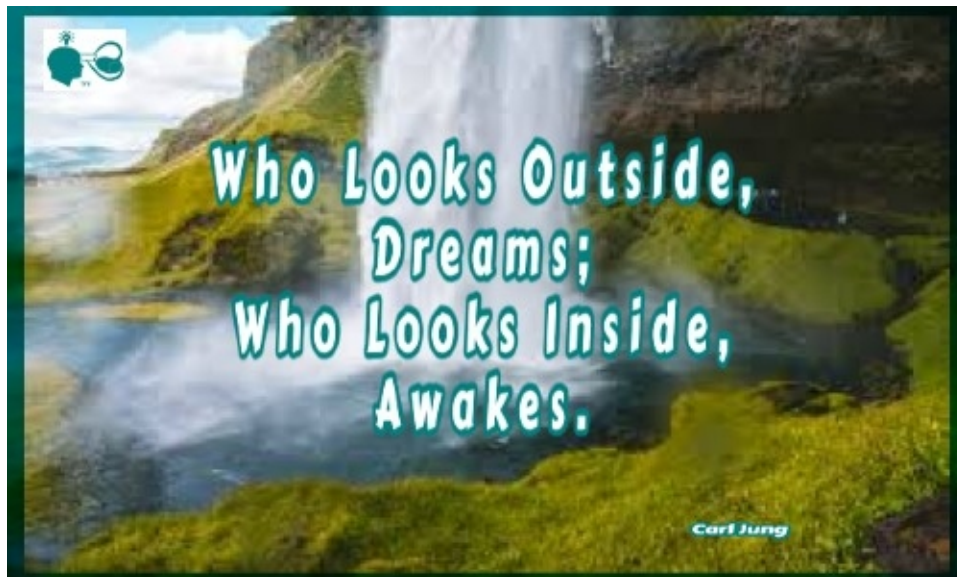




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♥.(Who-Is).Carl Jung_(Quote)

♥.(Who-Is).Daisy May Davis_(Author)

♥.(Who-Is).Firstcause1_(Author/Editor).*

..♥.Additional Reading

SPIRITUAL GUIDANCE *

Perhaps it has occurred to you many times to ask: **What shall be the true and foolproof guide of life? You have learned that true guidance must be spiritual and come from within, but perhaps you have wondered how you were to recognize the promptings of that invisible spirit, that still small voice, so that you might follow it confidently, knowing that it would lead you only into Truth.**

Let us consider the various guides that might be followed, and by eliminating the false, see more clearly wherein we may safely place our reliance. The voice of the external is not a safe guide. It recognizes the negative as well as the positive and labels its life of personality with disease, lack, sorrow and death. It produces shadow conditions that darken the years of the soul while on the earth and speaks of unreality as though it had power to affect the true life.

Taken all in all, the voice of the external world and its activities is designed to lead us only into a belief of confusion and mixed thought from which it will be very difficult to untangle ourselves. It is best to abandon it completely and cease from following after it.

As you give the subject a little thought you will experience a growing distrust of the generally accepted means of ordering your life. **The preachers cease to interest you and the physicians fail to heal you.** Having experienced everything which the external has to offer, **you are forced to the conclusion that you must look elsewhere for true guidance.**

You turn to the mental realm. You begin to think and reason. You find someone whom you conceive to be a great soul and who seems to have found the Truth. You temporarily establish yourself in his school of thought. You think his thoughts and order your life accordingly. But even this proves unsatisfactory to your soul's desire and you begin to wonder where this great soul got his knowledge of Truth.

You argue that there must be some original source of all knowledge, and you determine to get your own ideas at the fountain head.

You have heard and read much concerning the silence and the voice of the silence, and you seek the invisible guiding power. Here again you may be temporarily unsuccessful. We regard the whole invisible plane as the silence simply because we are more or less in ignorance of what the invisible holds. There are thousands of voices and countless thoughts in the mental atmosphere, and it is as unlikely that one should learn truth from that atmosphere as from the confusion of tongues in the external.

All of the thoughts that come for admission to your consciousness, do not carry the truth you are seeking. The mere fact that a thought comes to you from the invisible is no test of its infallibility, and thus we see that a false guidance may be encountered in the silence as well as in the outer.

The mental confusion that this gives rise to is well illustrated in anyone who desires spiritual help, but who is aware of two voices within—:one urging reliance on Divine Holy Spirit and the other arguing that no help can come from such a source. Each of these silent voices comes in turn to control such an individual, and unless discrimination is made between the true and false voice, the right step will not be taken. Impulse may be mistaken for the still, small voice that you are listening for.

But impulse is only a shadow brother of intuition, and will often lead you astray. It is the experience of many who first come into this thought, that they may listen in the silence for many months and sometimes years before they experience the **voice of the Holy Spirit as the guiding force** in their lives. They listen apparently in vain, waiting intently, but hearing nothing until some day they suddenly hear the true voice of spiritual guidance, the Holy Spirit.

There is no confusion in thought at such a time and the experience is one never to be forgotten. The life is changed, the shadows flee and the individual becomes conscious of the divine Spirit self within. Now you may rightfully question: Whence comes this voice and to whom does it belong? **It is the voice of your real self and comes wholly from within you. It is of the divine indwelling Presence, holy and pure, knowing and expressing only the truth which is suitable for your state of awaking, It speaks with few words, gives no long intellectual discourses.**

It speaks simply and does not argue. All argument is caused by disagreement among the thought children of your own mentality and has no connection with the voice of Truth. To abide by the result of argument in your mentality is not to be compared with following the voice of the intuition; the one leads to confusion, the other to clear vision and action.

You will get no false guidance from the voice of your inner true self. It stands back of all the unreality that your mentality brings to you, and is always ready to help when recognized and appealed to. But even though you hear this voice, you may not choose to follow, for the voice calls not to ease, comfort and material joys. It counsels you to follow and uphold whatsoever things are true; and in the conventional standards of the world today this is not always easy or pleasant.

To be true to self is sometimes the hardest task we can take up, for we have been following untrue paths for so long that **the old habits are hard to break**. You will not always have to go into the silence in order to hear the voice of your inner self. **It always speaks and tells you what is right**. You need ask no outer teacher, no book, no invisible friend for the Truth; for **the Presence that is within you is greater than all that is without**. **Listen and obey the voice. Speak the Truth. Act without hesitation or argument.**

If at any stage in your un-foldment you feel that you are not ready for the highest statement made by those whose awareness is more expanded than your own, do not strive to force yourself to believe simply because someone else whom you respect makes the statement. Lean only on your own perception, rejoicing in the measure of truth that you do perceive and you will find that you will be guided into greater comprehension of truth.

The whole human race is growing into a higher awareness and the Presence within is pressing forward for greater expression. This is an evidence of confidence in the divine promptings from within, of true self-confidence, which is the beginning of spiritual growth.

At first it is not your part to lead, but to follow. You are not expected to blaze the new trail, but to rely on the leading of the Holy Spirit within, keeping the thought receptive and willing to listen to the voice of Truth. Until you learn to have faith in your own divine promptings you are a follower and not a leader. As you progress and are lifted up, as your convictions grow in strength and your awareness of truth increases, your light will light up the way for others.

Every great religious or philosophical movement has had a leader to whom the Truth was revealed in the highest degree. If all the followers of such movements had received the same revelation, the progress of the Truth would have been wonderful.

Do not make backbreaking efforts at spiritual insight, Let your silent periods be short and many rather than long and few. **Neither should you hasten to convert the world to something which you may, as yet, only believe without having a firm conviction and knowledge of its truth.** You are in no danger of losing the respect of others if you quietly stand fast in your faith, bearing witness to the Truth as you know it. You may be sure that if your light is always shining, you will be sought out by such as wish to have the dark places of their lives illumined. The voice from within will guide you in these matters as in all else.

The Presence whose guidance we seek is everywhere. It is the same Holy Spirit which was in Jesus and which is now in you and in all who believe. To know its voice and live in harmony with it, is peace and joy and life eternal.

♥SUGGESTIONS TO THOSE WHO WISH TO BE LED BY THE HOLY SPIRIT.

◆ We are where we are by Law, not by chance. Each individual has a mission. The God-life has been given to each; a great trust is for a great purpose.

◆ Each may know what his mission is and can fulfill it, if he is willing to be led by the Spirit to that end. The following suggestions are offered:

1. Lay aside ambition and personal desire.

2. Be willing to go when called and wherever led.

3. Declare steadfastly:

(a) That the Spirit knows what is best for you.

(b) That the Spirit is guiding you there—to your own place.

(c) That whatever is best to prepare and develop you for this mission will come through the Spirit.

4. Know:

(a) That each kind of work that comes to you is part of the plan and must be done heartily as unto God.

(b) That work is "high" or "low" not according to the kind, but according to the motive that prompts it and the disposition in which it is accomplished. The individual exalts the work.

(c) That the whole need in harmonizing environment, changing conditions, removing limitations and in realizing peace, plenty and success, is to work with one's own self.

5. Cultivate the habit of trustful thinking.

6. Insist on inward serenity.

7. Look upon your present occupation as God-given, and love it. Rest assured that as soon as you have fulfilled in this, the next will come.

8. Be very certain, in any responsibility thrown upon you by the Spirit, that by the same Spirit, will you be given the wisdom and strength to execute.

9. Keep your thought from evil and your lips from speaking guile:

(a) Do not read the "horrors" in the newspapers. Do not talk about them.

(b) Do not discuss inharmonious conditions.

(c) Do not worry, fear nor doubt.

(d) See the good in every one and in every thing.

10. Repeat often: Self-interest does not influence me. Impulse does not guide me. Prejudice does not warp me. Opinion does not bind me.

Neither family nor friends hinder me. Self-depreciation does not limit me.

Remembrance of past or fear of future does not weaken me. I do not limit God's power.

Let us have patience that, after we have done the will of God, we may receive the promise.

"Sufficient unto each moment is the Wisdom and Strength thereof."

♥ THE INDWELLING GOD.

"And if you be led of the Spirit you are not under the law."

"But the fruit of the Spirit is love, joy, peace, long suffering, gentleness, goodness, faith, meekness, temperance; against such there is no law."

We have to go back many centuries to find out what it really means to live the life, or as Paul puts it, "live by the Spirit." He saw and told us in plain, simple words how to do easily that which we are striving to demonstrate today.

All of the Illumined have appreciated the same law of beautiful living, for Truth is eternal and changeless and must be perceived by all alike.

The perfect inheritances of the Universal Source, God are ready to flow through us into outward expression, and it is our place to make the channel so clear that the glory of the Omnipresence maybe able to shine without obstruction.

We who claim to have caught a glimpse of the indwelling One may, by cultivating the fruits of the Spirit, "make straight the pathway of the Lord." Joy and tenderness, love and peace without a ripple of emotion, serenity that nothing can disturb—these will combine to make the inner and outer as one.

Having become conscious of our Divine nature, we are now walking the path which leads eventually to the fullness of that health, peace and satisfaction which we know has been given us, even though it may not yet be manifested. We are bringing our thought under control, and purifying our words and actions. We are no longer under any law, but are one with the spiritual law of un-foldment from the unlimited within.

From now on we do not care to obtain external possessions, but our aspiration is to attain fuller awareness of the Infinite, Intelligence, Life and Love that is our Source. "But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you."

[Matthew 6:33 \(King James Version\)](#)

As we begin consciously to desire this spiritual awareness, we find that our attitude toward the" whole of life has undergone a change. It is this changed attitude that shows most clearly our growth. We no longer find fault with or condemn the weather; neither are we subject to it, nor has it any power to influence our serenity. Rather do we exclaim with [John Ruskin](#), "there is no bad weather, but all kinds of good weather," rejoicing in the truth that all weather ministers to our good as we feel our unity with it.

Another change we discern in our attitude is that we have no fear regarding our food. We see that the underlying Substance of all things is One, and know that our food, being one Substance with our body, has no power to hurt us or cause us pain. Spirit does not war upon Spirit, nor does food war upon the body. Knowledge of the foundation principle of unity releases us from the school of thought belief of separation, and we and our daily bread are at peace.

In the new life we find that criticism of neighbor and friend has passed away forever, for we see all as the children of the one Father, entitled to our never-failing consideration and love.

The thought of cooperation helps us here, and as we reach up a hand to be helped by someone who has climbed higher in the path of attainment, we also reach the other hand down to the one just below who needs our help; and as we are lifted up, so do we lift others up to us.

Worry, doubt and fear become unknown to us, for we trust the Divine action every where. Judging no longer by appearances, we see the inherent goodness of every manifestation of life. We do not hate nor despise anyone or anything, but do our part in our place to the best of our ability.

We cease to think and talk of our bodies and their sensations, for we live ' constantly in the full realization of the All-ness of the Good. In this state, the Truth of the body is made manifest to us and we rejoice in its harmony and peace.

As we find God everywhere, the whole universe revealing His Presence, the darkness of ignorance is replaced by the light of Divine Wisdom; and walking in that light, we see the Truth of all things, people and places. The Truth so clarifies our vision that we finally and wholly disconnect our thought from the superstitions of the past, and maintain our connection with the Divine Spirit. Thus we think with the Father and are guided into fuller enlightenment, so that every common day is filled with delight, and the inner peace is established in our consciousness forever.

♥ JOY COMMANDMENTS

- ◆ Thou shalt rejoice in every kind of weather. "The earth is the Lord's and the fullness thereof."
- ◆ Thou shalt bless thy food and thy drink. "The pure in heart shall see God" in all things.
- ◆ Thou shalt redeem thy body by knowing its inherent perfection. "If thine eye be single to truth, thy whole body shall be full of light."
- ◆ Thou shalt commend thy neighbor and praise his goodness. "Behold how good and how pleasant it is for brethren to dwell together in unity."
- ◆ Thou shalt trust thyself and thy friends to the ever present Divine Love.
- ◆ "For thy loving kindness is before mine eyes and I have walked in thy truth."
- ◆ Thou shalt love every living thing.

- ◆ "And God saw everything that he had made, and behold it was very good." Thou shalt greet each morning with a smile.
- ◆ "Weeping may endure for a night, but joy comes in the morning." Thou shalt be filled with the strength and power of the Lord.
- ◆ "Wait on the Lord, be of good courage, and he shall strengthen thy heart." Thou shalt joyfully go wherever duty calls.
- ◆ "The Lord shall preserve thy going out and thy coming in."

"Your treasure house is within; it contains all you'll ever need."

~ Baizhang Huaihai

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